

RACE INFORMATION AND RULES:

1. Two man and four man teams may participate and will receive medals, but are not eligible for prizes.
2. Only teams with 3 participants are eligible for prizes. A K2 canoe qualifies you as a two man team, and is therefore not eligible for prizes. An individual cannot compete in a K2.
3. Qualification for the Series prize requires entry into the SWIM FULL DISTANCE INDIVIDUAL category.
4. Helmet and own bike is compulsory for the ride as well as life jackets and own canoe for the paddle.
5. Crop tops / T-shirts are compulsory for the run.
6. No wet suits allowed in the swim.
7. Minimum age for individual full distance is 10 years unless accompanied by parent.
8. Organisers reserve the right to not award prizes in a category if there are fewer than 5 entries in that category. Athletes entering this category will be placed one age group higher until there are sufficient entries (minimum 5 in a category).
9. The idea of the event is to have fun - cheating is not permitted and will result in disqualification.
10. If you leave the course at any point you must rejoin the course where you left or else you are considered to have taken a short cut.
11. Please put your helmet on before you remove your bike from the transition.
12. All cyclists must wear a fastened helmet
13. No cycling in the transition area.
14. Athletes need to be marked according to race requirements
15. Canoes must have buoyancy
16. Athletes must obey marshals and race officials
17. No spectators are permitted into the transition area until after the event
18. The Mudman Series has a NO REFUND policy in the event of a race/s being cancelled in part or in whole for whatever reason

MUDSKIPPERS

1. An event for children in various age groups ranging from pre-school to under-12.
2. These younger competitors can also participate in the Mudman events - accompanied all the way by a parent, but not assisted.
3. Mudskippers is specifically for children. The Mudskipper event, comprises a wade on the edge of the dam (Hermannsburg swims in a pool), a short cycle and a short run.
4. A medal, goodie bags and / or sweets may be given at the finishes but no prizes are given for the Mudskipper events.